OUTWARD BOUND ROMANIA

TEAM FLAG



Outward Bound Romania

N° of pax 8-24 group

indoors | outdoors

1 hour

art expression – painting and drawing

PURPOSE

- Getting to know each-other
- Explore common goals and values
- Self-expression

MATERIALS

- One large white sheet
- Painting materials
- Markers

PREPARATION

This activity allows the group to explore common goals and values for the training. It is ideal for starting a program in a team where participants already know each other on a basic level and now they prepare for a journey together.

INTRO

The flag is a symbol of a community which can identify with common values and goals, so by thinking together about these issues, the group members get to know each other better and start on a journey of becoming a group.

* It is preferable that this activity takes place outdoors or in a place where paint cannot harm (prepare protection for the flour to be covered in advance) and
* participants should be advised to wear working clothes.
*

TEAM FLAG

STEPS

1. The group receives a large white sheet, markers and paint.

2. (20 min) Participants are invited to discuss the following themes:
- the motto of the group for this training/program
- the goal of the group for this training/program
- values which are important for the team to function during this training/program

3. (20 min) The participants are invited to design/create a group flag incorporating the above discussed themes on the white sheet.

4. The facilitator gathers everyone in a circle to share and reflect on the experience

5. The flag created during the activity can be used during the training/program to reflect about the goal and shared values of the group.

REFLECTION

- How did you feel during the activity?
- How did you find adapting to different proposals in the group?
- Were you able to voice your own ideas, values, goals?

COMMENTS

In case of large groups, subgroups of 4 to 12 participants can be created in order to avoid silent participants, who will have no space and time to voice their ideas.