FIRE DRAWING

By Audicia Lynne Morley/ RSMT/E

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N° of pax 1-20

outdoors

3 hours

art expression | drawing

PURPOSE

CREATIVITY

- observation and hand/eye coordination
- develops spontaneity
- connection with the Fire element

MATERIALS

- base for drawings - 1 for each participant
- A3 paper - 6-10-15 sheets for each participant
- charcoal: 2 for each participant
- art/paper boards

PREPARATION

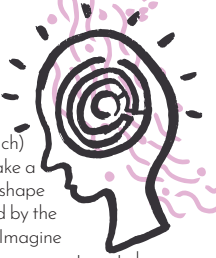
- Set an outdoor fire running for 3 hours and places to be able to sit around the fire.
- For the drawings, collect charcoal from a previous campfire once cold. The pieces should be at least 2.5cm long. Gather enough for each participant to have at least 2 pieces of differing sizes. Also, prepare art boards with paper.

INTRO

This is an activity to reflect on resilience through connecting with the fire element. It is composed by 5 different parts: Set up the fire | Discussion on resilience & fire metaphor | Art experience | Art sharing | Harvesting the experience.

STEPS

1. (1 Hour) The facilitator asks the participants to collect all the resources needed to build a fire to burn for 3 hours, or you have it prepared already and skip this step. The facilitators and/or the group set up a circle around the fire so each participant can sit at a safe distance from the fire in a circle with a prepared art board, 10 -16 sheets of paper on it and some pieces of charcoal. If the group has made the fire and it's safe, let the group go through the process of lighting and maintaining the fire. **2.** (20 min) The facilitator starts a group discussion on the topic of resilience by asking the participants: • What is resilience for you? • How do you imagine the element of Fire might relate to the theme? • What is needed for the fire to burn well (be resilient) in all weathers? • What do you have to do to maintain the fire? **3.** (45 min) The facilitator invites the participants to: • (5min) take to observe the movements of the flames. • (1min) take the art board and charcoal and, without looking at the page, begin to do a very quick sketch capturing what they see, the movement of the flame or the shape of the fire • Begin a series of quick sketches without looking at the page: / (1 min each) 3-5 drawings using their familiar hand. / (1 min each) 3-5 drawings with their unfamiliar hand. / (1 min each) 3-5 drawings with both hands simultaneously. • Take a look at your sketches and put them together in a shape of their choice. • (10 min) create a drawing inspired by the sketches, this time looking at the page • (15 min) Imagine what do the drawings have to say about how fire can support you to be more resilient in your life? then to write a letter from the voice of the fire drawings, addressed to them. The facilitator calls time, keeping everyone on track. **4.** (30 min) - The facilitator invites all to visit the participant's work one by one, allowing the author to share from their drawings and writing, whatever feels important for him/her (3-5 minutes).



REFLECTION

- How did you feel doing the exercise?
- What did you notice about drawing with your different hands?
- What resources have you discovered from this experience that might support personal or collective resilience.

COMMENTS

Clean up: Leave No Trace. The fire must be completely extinguished before leaving the site and the whole environment returned to its natural state.
The facilitator should choose a safe outdoor environment, assess the safety and responsibility of the group. The process of set up may be in cooperation with the group or prepared ahead of time.